

The Eastwood Academy

Year 9

Curriculum Pathways Booklet

2023 / 24



Dear Parent,

Your son or daughter is currently preparing to make important decisions regarding the subjects he or she will study in Years 10 and 11.

The Key Stage 4 curriculum allows for the study of subjects in greater depth in preparation for public examinations. In addition to a core curriculum of compulsory subjects, all pupils choose an additional three courses.

This booklet is designed to help both pupils and parents to make those important decisions which will lay the foundations for study programmes over the next two years. I hope that you will have a chance to read through the booklet with your son or daughter and discuss the choices available.

Your son or daughter should also seek help from his or her subject teachers, who will be closely involved in guiding pupils and will be able to answer any questions that may arise.

For those of you who were unable to attend the Parent Information Evening, the presentation, which will hopefully answer any questions about the process, can be found on the school website or by following this link - pathwayspresentation.eastwoodacademy.co.uk

I hope that you find this booklet both informative and useful.

If there are any general questions regarding the process please do not hesitate to e-mail me at cniner@eastwood.southend.sch.uk

Yours sincerely,



Mr. C. Niner
Vice Principal

Table of Contents

Curriculum Pathways	4
Core Pathway	8
GCSE Citizenship Studies.....	9
GCSE English Language	10
GCSE English Literature	11
GCSE French	12
GCSE Mathematics.....	13
GCSE Combined Science	14
Block 1 - Humanities.....	16
GCSE Geography	17
GCSE History	18
Block 2 - Technology	19
GCSE Business	20
GCSE Computer Science	21
Cambridge National in Creative iMedia	22
GCSE Design and Technology	23
GCSE Food Preparation and Nutrition	24
GCSE Statistics.....	25
Block 3 - Arts	26
GCSE Art and Design.....	27
GCSE Drama.....	28
GCSE Music.....	29
GCSE Physical Education	30
Technical Award in Health and Fitness	31
GCSE Religious Education.....	32
GCSE Sociology	33
Subject Choices	34

Curriculum Pathways

Key Stage 4 Curriculum Structure

The Academy operates a two-year Key Stage 4 programme in Year 10 and 11. The programme is divided into two pathways - **core** (compulsory) and **personalised** (optional).

Curriculum Pathway	Subject	Curriculum Time
Core Pathway	English Language	4 Periods
	English Literature	
	Mathematics	4 Periods
	Science	4 Periods
	Citizenship	3 Periods
	French	3 Periods
	Personal Development and Enrichment	2 Periods
	Physical Activity, Health and Wellbeing	1 Period
Personalised Pathway	Art	3 Periods
	Business Studies	3 Periods
	Computer Science	3 Periods
	Creative iMedia	3 Periods
	Design Technology	3 Periods
	Drama	3 Periods
	Food Preparation and Nutrition	3 Periods
	Geography	3 Periods
	History	3 Periods
	Music	3 Periods
	Physical Education (P.E)	3 Periods
	Religious Education (R.E)	3 Periods
	Sociology	3 Periods
	Statistics	3 Periods

The Department for Education (DfE) recommends that pupils study between 8-10 high quality GCSEs. The Academy's KS4 programme provides pupils with the opportunity to gain up to 10 GCSEs.

English Baccalaureate (EBacc)

The EBacc is a set of subjects at GCSE that keeps young people's options open for further study and future careers. It includes the following subjects:

- English Language **or** Literature.
- Mathematics.
- Combined Science.
- Modern Foreign Language (French)
- History **or** Geography.

The EBacc was introduced by the DfE to "*promote achievement of a broad academic core at 16*" - [DfE EBacc Guidance](#)

A study by the UCL Institute of Education showed that studying subjects included in the EBacc provides pupils with greater opportunities in further education and increases the likelihood that a pupil will stay on in full-time education. Further, Sutton Trust research reveals that studying the EBacc can help improve a young person's performance in English and maths.

Personalised Pathway

The option subjects are arranged into three blocks.

Block 1 Humanities	Block 2 Technology	Block 3 Arts
Geography	Creative iMedia	Art
History	Business	Drama
	Computer Science	Music
	Design Technology	Physical Education
	Food Preparation	Religious Education
	Statistics	Sociology

Pupils must choose **three** subjects - **one** from each block.

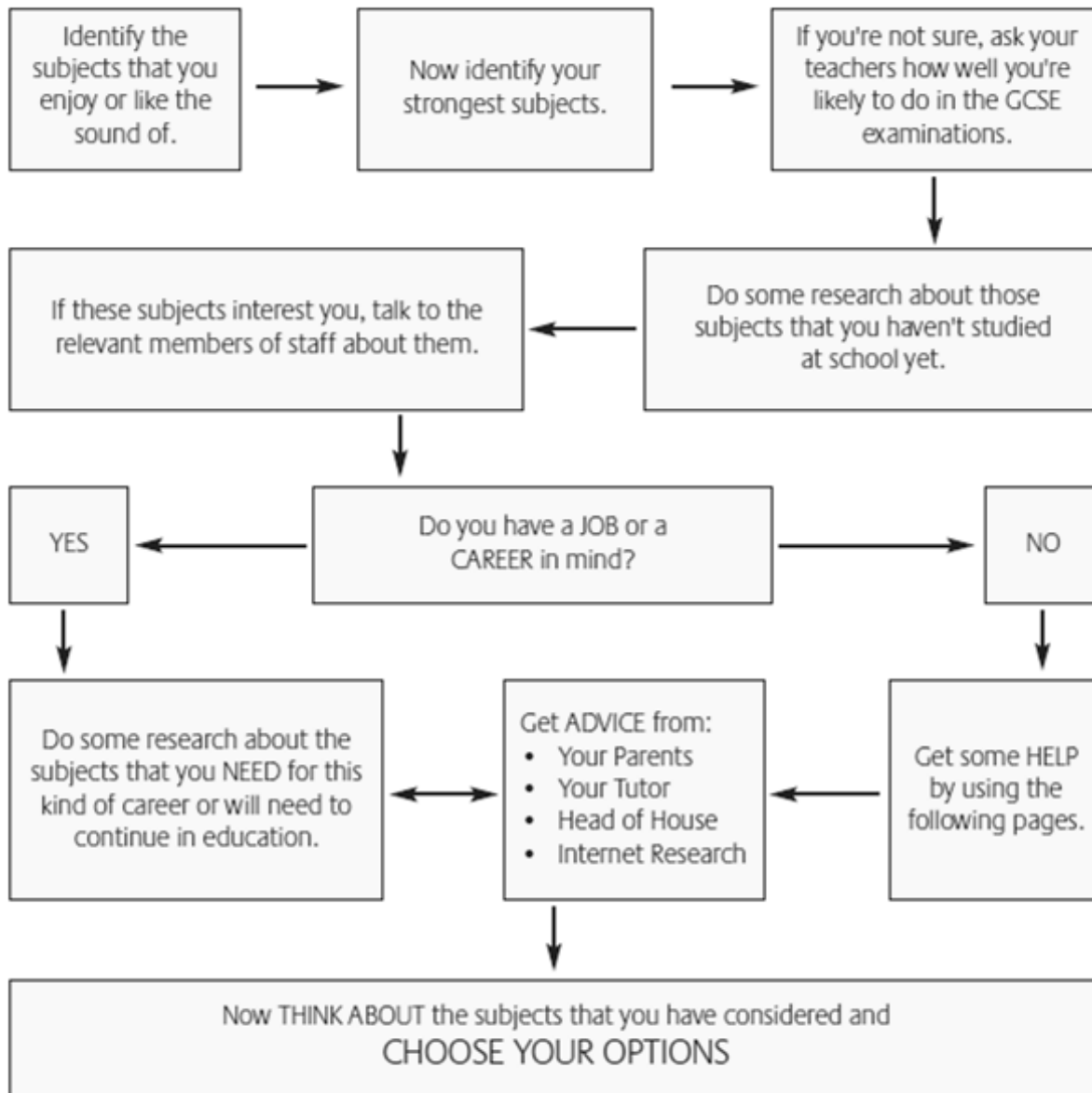
The following pages provide an overview of each course, information about course content and details of assessment arrangements.

Additional information can be found by following the link to the relevant exam board website under the 'Specification' heading.

For subject-specific questions, contact details for each course leader are provided on each subject page.

For general inquiries, please contact Mr. C. Niner - cniner@eastwood.southend.sch.uk

What happens next?



Details of how to submit your choices can be found on the last page of this booklet.

Useful websites

[Careers in School Subjects](#)

[Careerpilot: Jobs by Subject](#)

[Where can your option choices take you? | My World of Work](#)

[National Careers Service](#)

[ICould](#)

[Apprenticeship Information \(Subject-Linked\)](#)

Core Pathway

GCSE Citizenship

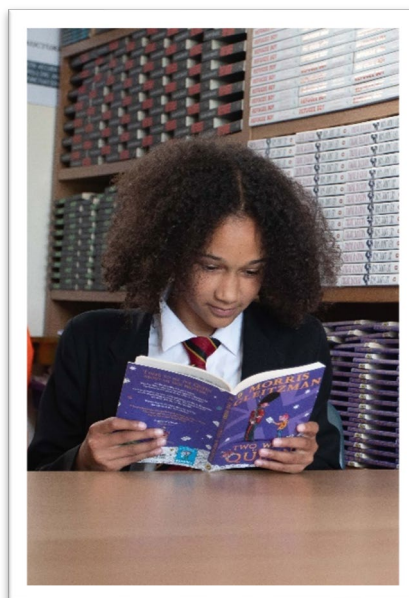
GCSE English Language

GCSE English Literature

GCSE French

GCSE Mathematics

GCSE Combined Science



Core Pathway

AQA

GCSE Citizenship Studies

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Citizenship Studies \(8100\)](#)

Course Leader:

Mrs. J. Edwards - jedwards@eastwood.southend.sch.uk

Overview:

GCSE Citizenship Studies has the power to motivate and enable young people to become thoughtful, active citizens. Pupils gain a deeper knowledge of democracy, government and law, and develop skills to create sustained and reasoned arguments, present various viewpoints and plan practical citizenship actions to benefit society. They will also gain the ability to recognise bias, critically evaluate argument, weigh evidence and look for alternative interpretations and sources of evidence, all of which are essential skills valued by higher education and employers.

Course Content:

Politics and Participation

Active Citizenship

Life in Modern Britain

Rights and Responsibilities

Assessment:

Paper 1 Politics and Participation and Active Citizenship - 1 hour 45 minutes examination (50% of the course).

Paper 2 Life in Modern Britain and Rights and Responsibilities - 1 hour 45 minutes examination (50% of the course).

AQA

GCSE English Language

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in English Language \(8700\)](#)

Course Leader:

Mrs. A. Goldsmith-Clark - agoldsmith-clark@eastwood.southend.sch.uk

Overview:

GCSE English language should enable pupils to read a wide range of texts, fluently and with good understanding, read critically, and use knowledge gained from wider reading to inform and improve their own writing. They should be able to write effectively and coherently using Standard English appropriately, use grammar correctly, punctuate and spell accurately, acquire and apply a wide vocabulary, alongside a knowledge and understanding of grammatical terminology and linguistic conventions for reading, writing and spoken language. In addition, GCSE English language must enable pupils to listen to and understand spoken language, and use spoken Standard English effectively.

Course Content:

Explorations in Creative Reading and Writing

Writers' Viewpoints & Perspectives

Spoken Language

Assessment:

Paper 1: Explorations in Creative Reading & Writing - Written exam: 1 hour 45 minutes - 80 marks (50% of GCSE)

Paper 2: Writers' Viewpoints & Perspectives - Written exam: 1 hour 45 minutes - 80 marks (50% of GCSE)

English Language

AQA

GCSE English Literature

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in English Literature \(8702\)](#)

Course Leader:

Mrs. A. Goldsmith-Clark - agoldsmith-clark@eastwood.southend.sch.uk

Overview:

GCSE English literature should enable pupils to read a wide range of classic literature fluently and with good understanding, and make connections across their reading, read in depth, critically and evaluatively, so that they are able to discuss and explain their understanding and ideas, develop the habit of reading widely and often, appreciate the depth and power of the English literary heritage. They should be able to write accurately, effectively and analytically about their reading, using Standard English, acquire and use a wide vocabulary, including the grammatical terminology and other literary and linguistic terms they need to criticise and analyse what they read

Course Content:

Shakespeare – Much Ado About Nothing

19th century novel – A Christmas Carol

Modern text – An Inspector Calls

Poetry – Power & Conflict

Assessment:

Paper 1: Shakespeare & the 19th century novel - Written exam: 1 hour 45 minutes - 64 marks (40% of GCSE)

Paper 2: Modern Text & Poetry - Written exam: 2 hour 15 minutes - 96 marks (60% of GCSE)

Pearson Edexcel

GCSE French

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9–1\) in French \(1FR1\)](#)

Course Leader:

Mrs. J. Haslett - jhaslett@eastwood.southend.sch.uk

Overview:

In GCSE French we will study the important ways that languages foster communication, broaden perspectives, introduce new cultures and develop pupils into global citizens. The course allows pupils to develop their ability to communicate in French in both speech and writing. Pupils will study language within a variety of thematic contexts relevant to their age and interests and will develop a greater awareness of the culture of French-speaking communities and countries. They will need to develop and use their knowledge and understanding of French vocabulary and grammar progressively through their course of study.

Course Content:

My personal world

Lifestyle and wellbeing

My neighbourhood

Media and technology

Studying and my future

Travel and tourism

Assessment:

Pupils will be examined in four skills; Speaking, Listening and understanding, Reading and understanding and Writing.

Speaking exam - 7 to 12 minutes plus 15 minutes preparation time* - (25% of the GCSE)

Listening & understanding exam - 45 or 60 minutes*- (25% of the GCSE)

Reading & understanding exam - 45 or 60 minutes* - (25% of the GCSE)

Writing exam - 75 or 80 minutes* - (25% of the GCSE)

*depending on the tier taken

Pearson Edexcel

GCSE Mathematics

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Mathematics \(1MA1\)](#)

Course Leader:

Mr. M. Samir - msamir@eastwood.southend.sch.uk

Overview:

In Mathematics, pupils will be studying for either the higher or the foundation tier. The qualification aims to enable pupils to:

- develop fluent knowledge, skills and understanding of mathematical methods and concepts
- acquire, select and apply mathematical techniques to solve problems
- reason mathematically, make deductions and inferences, and draw conclusions
- comprehend, interpret and communicate mathematical information in a variety of forms appropriate to the information and context.

Course Content:

Number

Algebra

Ratio

Proportion and Rates of change

Geometry and Measures

Statistics & Probability

Assessment:

Paper 1 - Non-calculator – 1 hour and 30 minutes - 80 marks

Paper 2 – Calculator – 1 hour and 30 minutes - 80 marks

Paper 3 – Calculator – 1 hour and 30 minutes - 80 marks

Foundation tier - grades 1 to 5 available

Higher tier- grades 4 to 9 available

GCSE Combined Science

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Combined Science: Trilogy \(8464\)](#)

Course Leader:

Mr. C. Clark - cclark@eastwood.southend.sch.uk

Overview:

From studying GCSE Combined Science, pupils will:

- Develop scientific knowledge and conceptual understanding through the specific disciplines of biology, chemistry and physics.
- Develop understanding of the nature, processes and methods of science, through different types of scientific enquiry that help them to answer scientific questions about the world around them.
- Develop and learn to apply observational, practical, modelling, enquiry, problem-solving skills and mathematical skills, both in the laboratory, in the field and in other environments.
- Develop their ability to evaluate claims based on science through critical analysis of the methodology, evidence and conclusions, both qualitatively and quantitatively.

Course Content (Biology):

Cell biology

Organisation

Infection and response

Bioenergetics

Homeostasis and response

Inheritance, variation and evolution

Ecology

Course Content (Chemistry):

Atomic structure and the periodic table

Bonding, structure, and the properties of matter

Quantitative chemistry

Chemical changes

Energy changes

The rate and extent of chemical change

Organic chemistry

Chemical analysis

Chemistry of the atmosphere

Using resources

Course Content (Physics):

Energy

Electricity

Particle model of matter

Atomic structure

Forces

Waves

Magnetism and electromagnetism

Assessment:

Six written examinations. Two for each discipline.

Each paper is 1 hour 15 minutes and has a weighting of 16.7% of GCSE.

Personalised Pathway

Block 1 - Humanities

GCSE Geography

GCSE History



Block 1 - Humanities

AQA

GCSE Geography

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Geography \(8035\)](#)

Course Leader:

Mrs. N. Lillywhite nlillywhite@eastwood.southend.sch.uk

Overview:

In GCSE Geography pupils are given the opportunity to understand more about the world, the challenges it faces and their place within it. The course will deepen their understanding of geographical processes, change, and complex people-environment interactions at different scales. It will also develop pupils' competence in using a wide range of investigative skills and approaches and enable young people to become globally and environmentally informed and thoughtful, enquiring citizens.

Course Content:

Living with the physical environment - coasts; rivers; tectonic hazards; and ecosystems.

Challenges in the human environment - urban living; sustainable living; development; and the wider world.

Geographical applications - map reading; and statistical analysis.

Geographical skills

Assessment:

Living with the physical environment - 1 hour 30 minutes examination (35% of the course).

Challenges in the human environment - 1 hour 30 minutes examination (35% of the course).

Geographical applications and skills - 1 hour 30 minutes examination (30% of the course).

Pearson Edexcel

GCSE History

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in History \(1HI0\)](#)

Course Leader:

Mrs. V. Lang - vlang@eastwood.southend.sch.uk

Overview:

Studying GCSE History allows pupils to make sense of the world around them by understanding how we got to where we are today. Understanding the past enables pupils to learn from the mistakes of others, analyse the key issues and understand what drives change and how the past influences the present.

Course Content:

Thematic study and historic environment - Medicine in Britain c1250- present.

Period study and British depth study - Early Elizabethan England 1558–88 and American West c1835–c1895.

Modern depth study - USA 1954–75: conflict at home and abroad.

Assessment:

Thematic study and historic environment - 1 hour 15 minutes examination (30% of the course).

Period study and British depth study - 1 hour 45 minutes examination (40% of the course).

Modern depth study - 1 hour 20 minutes examination (30% of the course).

Personalised Pathway

Block 2 - Technology

GCSE Business

GCSE Computer Science

Cambridge National in Creative iMedia

GCSE Design Technology

GCSE Food Preparation

GCSE Statistics



Block 2 - Technology

Pearson Edexcel

GCSE Business

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Business \(1BS0\)](#)

Course Leader:

Mrs. N. Niner - nniner@eastwood.southend.sch.uk

Overview:

GCSE Business is designed for pupils to learn skills required for running and working in a business, such as spotting a new opportunity and market research, financial aspects, the impact of marketing mix and external influences on a business. This will be further developed in Theme 2 where pupils understand the impact of globalisation, how and why businesses evolve, operational decisions and the impact of staff and human resources. Throughout the course, pupils will be introduced to local, national and global business.

Course Content:

Investigating small business - enterprise and entrepreneurship; spotting a business opportunity; putting ideas into practice; and understanding external influences on business.

Building a business - growing the business; making marketing decisions; making operational decisions; making financial decisions; and making human resource decisions.

Assessment:

Investigating small business - 1 hour 45 minutes examination (50% of the course).

Building a business - 1 hour 45 minutes examination (50% of the course).

Pearson Edexcel

GCSE Computer Science

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Computer Science \(1CP2\)](#)

Course Leader:

Mr. C. Niner - cniner@eastwood.southend.sch.uk

Overview:

In GCSE Computer Science, pupils learn about fundamental computing principles and concepts, such as logic and algorithm design. They will learn to analyse problems in computational terms by solving real problems and will design, code, and debug their own programs. Pupils will also learn how to think creatively and analytically. Pupils will do this by learning about how digital systems like computers and smart phones work and communicate with one another. Finally, they will study the impacts of digital technology on individuals and the wider society

Course Content:

Computational thinking - understanding what algorithms are, what they are used for and how they work; following, amending and writing algorithms; constructing truth tables.

Data - understanding binary, data representation, data storage and compression.

Computers - understanding hardware and software components of computer systems and characteristics of programming languages.

Networks – understanding computer networks and network security.

Issues and impact - awareness of emerging trends in computing technologies, and the impact of computing on individuals, society and the environment, including ethical, legal and ownership issues.

Programming - reading, writing, refining and evaluating programs using the Python programming language.

Assessment:

Principles of Computer Science - 1 hour 30 minutes examination covering the theory topics (50% of the course).

Application of Computational Thinking - 2 hour onscreen programming examination (50% of the course).

OCR

Cambridge National in Creative iMedia

Specification:

[OCR Level 1/Level 2 Cambridge National in Creative iMedia \(J834\)](#)

Course Leader:

Mr. N. Dunn - ndunn@eastwood.southend.sch.uk

Overview:

Creative iMedia promotes independence, creativity, and awareness of the digital media sector. It also equips pupils with a range of creative media skills and provides opportunities to develop, in context, desirable, transferable skills such as research, planning, and review, working with others and communicating creative concepts effectively. The course requires a 'hands on' approach in terms of teaching and learning which is highly relevant to the way young people use the technology required in creative media.

Course Content:

Creative iMedia in the media industry - You will learn about the media industry, digital media products, how they are planned, and the media codes which are used to convey meaning, create impact, and engage audiences.

Visual identity and digital graphics - You will learn to how to develop visual identities for clients and use the concepts of graphic design to create original digital graphics to engage target audiences.

Visual imaging - You will learn how to plan, create, and review portfolios of visual imagery.

Assessment:

Creative iMedia in the media industry - 1 hour 20 minutes examination (40% of the course).

Visual identity and digital graphics - non-examination assessment (25% of the course).

Visual imaging - non-examination assessment (35% of the course).

Creative iMedia

Pearson Edexcel

GCSE Design and Technology

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Design and Technology \(1DT0\)](#)

Course Leader:

Mr. M. Reynolds - mreynolds@eastwood.southend.sch.uk

Overview:

GCSE Design and Technology will prepare pupils to participate confidently and successfully in an increasingly technological world. Pupils will gain awareness and learn from wider influences on Design and Technology including historical, social, cultural, environmental, and economic factors. Pupils will also get the opportunity to work creatively when designing, making, and applying technical and practical expertise. In order to make effective design choices, pupils will learn and utilise a breadth of core technical knowledge and understanding that consists of new and emerging technologies, energy generation and storage, developments in new materials, systems approach to designing, mechanical devices, materials and their working properties.

Course Content:

Component 1 - impact of new and emerging technologies; critical evaluation; design decisions; ethics; energy generation; smart materials; mechanical devices; electronic systems; programmable components; and material categories.

Component 2 - investigation of needs and research; product specification; design ideas; review of ideas; development of ideas into a chosen design; communication of design ideas; manufacture; quality and accuracy; testing; and evaluation.

Assessment:

Component 1 - 1 hour 45 minutes examination (50% of the course).

Component 2 - non-examination assessment (50% of the course).

AQA

GCSE Food Preparation and Nutrition

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Food Preparation and Nutrition \(8585\)](#)

Course Leader:

Mrs. F. Rhoda - frhoda@eastwood.southend.sch.uk

Overview:

GCSE Food Preparation and Nutrition involves learning about foods, cooking processes, the science of food and understanding about nutrition, diets, and health. It equips pupils with a range of culinary skills and comprehensive knowledge and opens their eyes to a world of career opportunities reaching far beyond the hospitality industry. It will also give pupils the confidence to cook with ingredients from around the world.

Course Content:

Food preparation and skills

Food, nutrition, and health

Food science

Food safety

Food choice

Food provenance

Assessment:

Written examination - 1 hour 45 minutes (50% of the course).

NEA 1 - Food investigation task - a 1500 -2000-word report on Food science including 2 / 3 experiments (15% of the course).

NEA 2 – Food Preparation task - a 20-page portfolio where pupils must cook four dishes before completing a three hour practical exam where they make a further three dishes (35% of the course).

Food Preparation

Pearson Edexcel

GCSE Statistics

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Statistics \(1ST0\)](#)

Course Leader:

Mr. S. Brown - sbrown@eastwood.southend.sch.uk

Overview:

Statistics is about making decisions when there is uncertainty. Perhaps one of the most versatile areas of maths, it gives pupils the skills to collect, analyse, interpret, and present data.

Making well-reasoned predictions about the future, as well as making justified assumptions about why something has happened, are some of the key rationales in the study of statistics.

GCSE Statistics involves studying probabilities, manipulating datasets, exploring sampling methods and forming scientific hypotheses.

Course Content:

Statistical enquiry cycle – planning; processing; presenting; interpretation; and evaluation.

General content – planning; types of data; population and sampling; collecting data; tabulation; diagrams; representation; measures of central tendency; measures of dispersion; summary statistics; scatter diagrams; correlation; time series; quality assurance; estimation; and probability.

Assessment:

Paper 1 – 1 hour 30 minutes examination (50% of the course).

Paper 2 – 1 hour 30 minutes examination (50% of the course).

Personalised Pathway

Block 3 - Arts

GCSE Drama

GCSE Fine Art

GCSE Music

GCSE Physical Education

Technical Award in Health and Fitness

GCSE Religious Education

GCSE Sociology



Block 3 - Arts

GCSE Art and Design

Specification:

[OCR Level 1/Level 2 GCSE \(9-1\) in Art and Design - Fine Art \(8202\)](#)

Course Leader:

Mrs. M. Arnold - marnold@eastwood.southend.sch.uk

Overview:

In Fine Art GCSE, pupils will explore a range of materials, techniques and processes whilst developing their contextual knowledge and critical understanding. Pupils will develop their knowledge of contemporary and traditional artists, improving their visual literacy and gaining a better understanding of the visual and creative world.

Pupils will be encouraged to use a wide range of materials and refine their skills, producing artworks that are relevant and personal to them in individual projects, projects that are reflective of their experiences, identities, cultures and aspirations. By working in this way, pupils will improve their practical and theoretical skills and develop into conscientious young artists.

Course Content:

Knowledge and understanding

Contextual understanding of artists

Skills

Creatively responding to set titles and themes

Art, craft, and design

Fine art

Three-dimensional design

Photography

Progression

Assessment:

Externally set assignment - 10 hours supervised time (40% of the course).

Portfolio - non-examination assessment (60% of the course).

OCR

GCSE Drama

Specification:

[OCR Level 1/Level 2 GCSE \(9-1\) in Drama \(J316\)](#)

Course Leader:

Ms. I. Rossi - irossi@eastwood.southend.sch.uk

Overview:

GCSE Drama is designed to allow pupils to develop their practical, theoretical, and analytical skills. The focus of creativity, communication and culture runs through pupils' work and their deconstruction of live theatre, devised theatre and published texts strengthens their deeper understanding of the performing arts.

GCSE Drama is not simply about 'becoming an actor'; the course has many transferable skills which can be applied to other areas of study and future careers.

Course Content:

Devising drama - research and explore a stimulus; work collaboratively and create devised drama.

Presenting and performing texts - develop and apply theatrical skills in acting or design by presenting a showcase of two extracts from a performance text.

Performance and response - explore practically a performance text to demonstrate knowledge and understanding of drama; and analyse and evaluate a live theatre performance.

Assessment:

Devising - non-examination assessment (30% of the course).

Presenting and performing texts - non-examination assessment (30% of the course).

Performance and response - 1 hour 30 minutes examination assessment (40% of the course).

OCR

GCSE Music

Specification:

[Pearson Edexcel Level 1/Level 2 GCSE \(9 - 1\) in Music \(1MU0\)](#)

Course Leader:

Mrs. S. Stanley - sstanley@eastwood.southend.sch.uk

Overview:

GCSE Music provides an accessible and creative musical education, integrating the three main components of performing, composing and appraising. Pupils broaden their musical horizons within four areas of study as they explore musical context, language, performance, and composition.

Course Content:

Performing – solo; ensemble; and approaches.

Composing – developing musical ideas; compositional techniques and strategies; ensuring technical control and coherence; and methods of notating composition scores.

Appraising - musical elements; musical contexts and musical language; areas of study; instrumental music 1700–1820; vocal music; music for stage and screen; and fusions.

Assessment:

Performing - non-examination assessment (30% of the course).

Composing - non-examination assessment (30% of the course).

Appraising - 1 hour 45 minutes examination (40% of the course).

GCSE Physical Education

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Physical Education \(8582\)](#)

Course Leader:

Mrs. N. Hewitt - nhewitt@eastwood.southend.sch.uk

Overview:

GCSE P.E will provide pupils with the knowledge, understanding, skills and values they need to be able to develop and maintain their performance in physical activities and more generally how physical activities benefit health, fitness and well-being.

Pupils develop their theoretical knowledge and understanding of applied anatomy and physiology, movement analysis and physical training, so that they can use this knowledge to analyse and evaluate performance and devise informed strategies for improving/optimising their own practical performance. Pupils also develop their knowledge and understanding of the contribution that physical activity and sport make to health, fitness, and well-being and how these can impact on their own performance.

Sports psychology is also covered, with a focus on skill development, through relevant practice, guidance, and feedback. Key socio-cultural influences that can affect people's involvement in physical activity and sport will also be covered.

Course Content:

Fitness and body systems – applied anatomy and physiology; movement analysis; physical training; and use of data.

Health and performance – health, fitness, and well-being; sport psychology; socio-cultural influences; and use of data.

Practical performance – skills during individual and team activities; and general performance skills.

Personal Exercise Plan (PEP) – aim and planning analysis; carrying out and monitoring the PEP; and evaluation of the PEP.

Assessment:

Fitness and body systems - 1 hour 45 minutes examination (36% of the course).

Health and performance - 1 hour 15 minutes examination (24% of the course).

Practical performance - non-examination assessment (30% of the course).

Personal Exercise Plan (PEP) - non-examination assessment (10% of the course).

NCFE

Technical Award in Health and Fitness

Specification:

[NCFE Level 1/2 Technical Award in Health and Fitness](#)

Course Leader:

Mr D, Bracknell - dbracknell@eastwood.southend.sch.uk

Overview:

This is a second Physical Education course and is equivalent to one GCSE. The course is more suited to individuals who have an interest in sport, health and fitness, but would benefit from a greater focus on coursework and on-going assessment.

The Level 1/2 Technical Award in Health and Fitness is designed for learners who want a vocational and project-based element. The qualification will appeal to learners who wish to pursue a career in the health and fitness sector or progress onto further study.

Course Content:

Structure and function of body systems

Effects of health and fitness activities on the body

Health and fitness and the components of fitness

Principles of training

Impact of lifestyle on health and fitness

Testing and developing components of fitness

Applying health and fitness analysis and setting goals

Structure of a health and fitness programme and how to prepare safely

Assessment:

Non-Exam Assessment - Synoptic project (60% of the course).

Examined Assessment - Written exam (40% of the course).

GCSE Religious Education

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Religious Studies Specification A \(8062\)](#)

Course Leader:

Mrs. J. Edwards - jedwards@eastwood.southend.sch.uk

Overview:

GCSE R.E aims to develop pupils' knowledge and understanding of key religions such as Christianity and Islam as well as non-religious beliefs such as Humanism. Pupils will be exposed to sacred texts and learn how to construct informed and balanced written arguments with both depth and breadth.

Pupils will have the opportunity to engage with questions of belief, value, meaning, purpose, truth and ultimately reflect on their own beliefs, values, and attitudes.

Ultimately, the course aims to prepare pupils for adult life in a pluralistic society and global community as religiously informed, thoughtful, and engaged citizens.

Course Content:

Study of religion – beliefs and teachings; practices; sources of wisdom and authority; forms of expression; and ways of life.

Study of second religion - beliefs and teachings; and practices.

Philosophy and ethics - arguments for the existence of God; religious teachings on relationships and families in the 21st century.

Assessment:

Study of religion - 1 hour 45 minutes examination (50% of the course).

Study of second religion - 50 minutes examination (25% of the course).

Philosophy and ethics – 50 minutes examination (25% of the course).

AQA

GCSE Sociology

Specification:

[AQA Level 1/Level 2 GCSE \(9-1\) in Sociology \(8192\)](#)

Course Leader:

Mrs. J. Edwards - jedwards@eastwood.southend.sch.uk

Overview:

GCSE Sociology helps pupils to gain knowledge and understanding of key social structures, processes, and issues through the study of families, education, crime and deviance and social stratification. Pupils will develop their analytical, assimilation and communication skills by comparing and contrasting perspectives on a variety of social issues, constructing reasoned arguments, making substantiated judgements, and drawing reasoned conclusions.

By studying Sociology, pupils will develop transferable skills, including how to investigate facts and make deductions; develop opinions and new ideas on social issues; and analyse and better understand the social world.

Course Content:

The sociological approach

Social structures, social processes, and social issues

Families

Education

Crime and deviance

Social stratification

Sociological research methods

Assessment:

The sociology of families and education - 1 hour 45 minutes examination (50% of the course).

The sociology of crime and deviance and social stratification - 1 hour 45 minutes examination (50% of the course).

Subject Choices

Please submit your choices online at pathways.eastwoodacademy.co.uk

You will be asked to select first and reserve choices as shown in the table below.

Please do not repeat subjects for reserve choices in order to avoid a random allocation if we are unable to offer your first choice.

*Demand for and **Business** and **Food Preparation** is high and therefore these are not available as second or third choices.

+ Select **Physical Education** for both the GCSE and Technical Award Course. Subject staff will discuss which course will be most suitable.

The Academy will always aim, where possible, to allocate pupils their option choices, however, it reserves the right to make the final allocations.

Block 1 Humanities	Block 2 Technology	Block 3 Arts
Geography	Creative iMedia	Art
History	Business*	Drama
	Computer Science	Music
	Design Technology	Physical Education ⁺
	Food Preparation*	Religious Education
	Statistics	Sociology

First Choice	First Choice	First Choice
Second Choice	Second Choice	Second Choice
	Third Choice	Third Choice

Subject Choices