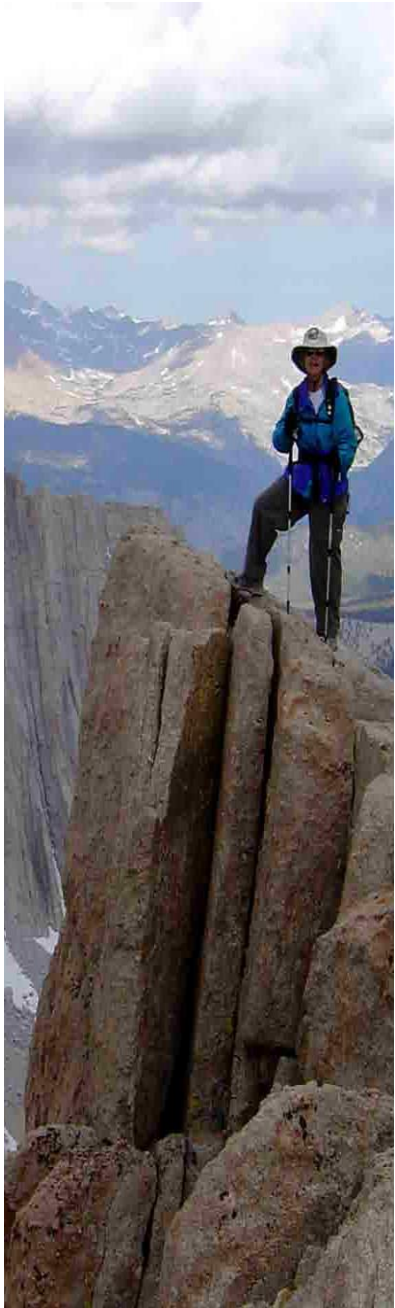
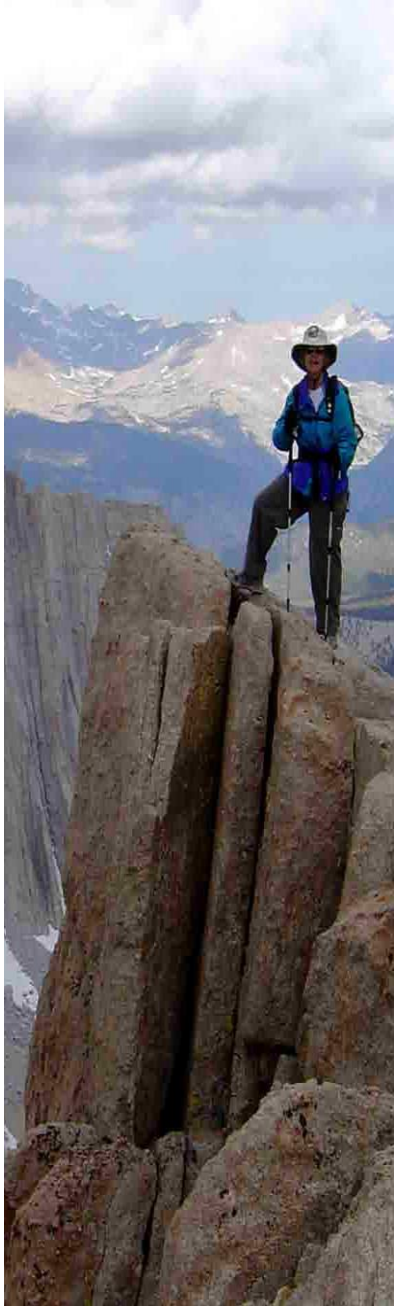


Duke of Edinburgh Bronze Award Parents' meeting 2023



Mrs Lillywhite
Head of the Duke of
Edinburgh at Eastwood





What is the award?

“The Duke of Edinburgh's Award aims to provide for young people an enjoyable, challenging and rewarding programme of personal development”

It enables pupils to develop new skills, to work as both an individual and as a team to challenge themselves.

How is the scheme run at Eastwood?

- We believe that everyone should have the chance to achieve the award regardless of background, health, ability and wealth.
- All of year 9 will participate to gain valuable skills learnt in the classroom taught by experienced staff.
- Our resources and equipment for free
- **We pay for the DofE account, insurance, registration, camp site fees and kit.**
- We believe that all pupils can succeed with the right support.

DofE lessons at Eastwood

In lesson pupils will gain multiple skills such as:

- First aid – including how to deal with cuts, sprains, burns, stings, broken bones. First hand experience at CPR on resuscitation dolls.**
- Compass work including bearings.**
- How to light and cook on Trangias.**
- How to put up tents**
- Map reading – 4 and 6 figure**
- Planning and creating routes**
- Drawing route plans**
- Two group walks in the local area to practice skills**

Staffing

- **Mrs Lillywhite** -Lowland leader, Assessor & Lead. First aider and medical admin
- **Mr Harrison** - Lowland leader, Assessor, First aider and medical admin
- **Mr Howard**- teacher
- **Mr Mason** - teacher and assessor
- **Mr Foley** - teacher and assessor
- **Ms Rose** – teacher and assessor
- **Mr W Piercy**- teacher
- Additional staff who attend weekends: **Mr Clare, Mr T Howard, Ms Wilkinson, Ms Baker and Mr Otempong,**

Why complete the Duke of Edinburgh award?

- **Fun**
- **Challenge**
- **Team skills and team building**
- **Shows the pupils what they can achieve**
- **Recognised by schools, universities and employers**
- **Learn valuable skills – first aid, camping, cooking, map reading**



How highly is the DofE viewed?

- Enjoyment
- Challenge
- Learn new skills
- C.V

RANK		Average Ratings in order of importance
1	The Duke of Edinburgh's Award	1.96
2	Work experience	2.00
3	Community activities	2.04
4	World Challenge	2.16
5	Young Enterprise	2.20
6	Team Sporting activities	2.28
7	Youth Awards	2.28
8	Public Speaking/Debating	2.32
9	County/National team sports	2.36
10	Interview skills	2.44
11	School Council	2.48
12	School Prefect	2.48
13	Individual Sporting achievements	2.48
15	Financial awareness courses	2.52
16	Work Shadowing	2.60
17	Industry days	2.60
18	School Newspapers	2.64
19	Plays/drama	2.68
20	Investment Clubs	2.68
21	Outside speakers	2.76



What do pupils have to do?



- 2 practice walks
- 1 final expedition
- Learn a skill
- Complete a physical activity
- Volunteer

Of the last 3 activities 2 must be for 3 months and one for 6 months



Volunteering opportunities

- After School clubs at Eastwood (maths buddies, geography club, reading buddies, PE dept.)
- Helping in homework club
- Work with the elderly,
- Linesman or coach at a club
- Helping in the library
- Working in charity shops
- Helping with Brownies, beavers, Cubs
- Select for three or six months



Physical

- Horse riding
- Martial arts
- Dance classes
- Football
- The gym
- Walking
- Cycling
- Swimming

- Select for three or six months



Skill

- After school Drama group
- Music lessons
- Dance lessons
- After school art club
- Sewing
- Computer club
- Warcraft
- Cookery/baking
- Learn a new language
- Gardening
- Choir
- First aid

Select for three or six months

Evidence

- Pupils need to upload a photograph per week to evidence their activity.
- Pupils will be given assessor sheets which have to be completed each week
- At the end of the time period the assessor writes a statement in the bottom box.
- Assessors cannot be parents or siblings. They should be someone qualified/experienced to assess.
- Once the sheet is signed they upload it to their DofE account.

Expectations for pupils

- Listen
- Learn
- Work together
- Challenge yourself
- Follow all staff instructions
- Commitment
- Timekeeping
- Motivated



Expedition

- “To encourage a spirit of adventure and discovery by preparing for and carrying out an adventurous journey as part of a team.”

Expedition

- You will complete practice walks in the local area during school time (2- 3 hrs)
- You will go on 1 weekend expedition. (May or June)
- Saturday you carry your kit, walk, put up your tent and cook then sleep in your tents with your group.
- Sunday you pack up site and walk again.
- Pupils carry all of their kit including food and drinks
- Medical dis-compensation – some pupils may not be able to carry their full kit for medical reasons. We submit evidence to confirm this to the DofE.

What can pupils expect on the expedition?

- **Hard work**
- **British weather**
- **A lot of fun**
- **Eastwood staff will surprise you**
- **Success**
- **Bonfires**
- **Games**
- **No phones (emergency)**

Concerns

- **Fitness levels**
- **My child has never camped before**
- **My child hasn't hiked before**
- **We don't have hiking shoes**
- **Health issues**
- **Fear of spiders/the dark**
- **Specific diet issues**
- **Sleeping arrangements**
- **First aid**
- **Medicines**
- **Confidence on expedition and with others**
- **Mobile phone access**
- **Contact**



Selection of groups

- X band or Y band
- Christmas 2023
- Minimum of 4
- Maximum of 7
- Any combination = 3 girls & 4 boys
- There can be some all male and all female teams
- Pupils need to choose your team carefully
- I will rearrange groups if I feel that it is a poor choice
- Groups of 2 or 3 people will be combined

Support from parents

- Encouragement
- Commitment
- Help with the selection of activities
- Photo evidence
- Assessor sheets
- Uploading evidence
- Commitment to the expeditions
- Drop off and collect
- Choice of food

Behaviour

- We will remove any pupil from lessons and/or the expeditions if behaviour to staff or other pupils is unacceptable
- Exclusion from the Academy
- Sent home from expedition
- Swearing on the campsite/rude to staff/ rude to staff from other schools/dangerous behaviour

The next stages

- Letters will be sent out in the new term
- Provisional dates are as follows for expeditions:

24th-25th May 2024 X band

28- 29th June 2024 Y band